Obtain Verification of Military Experience and Training (VMET)
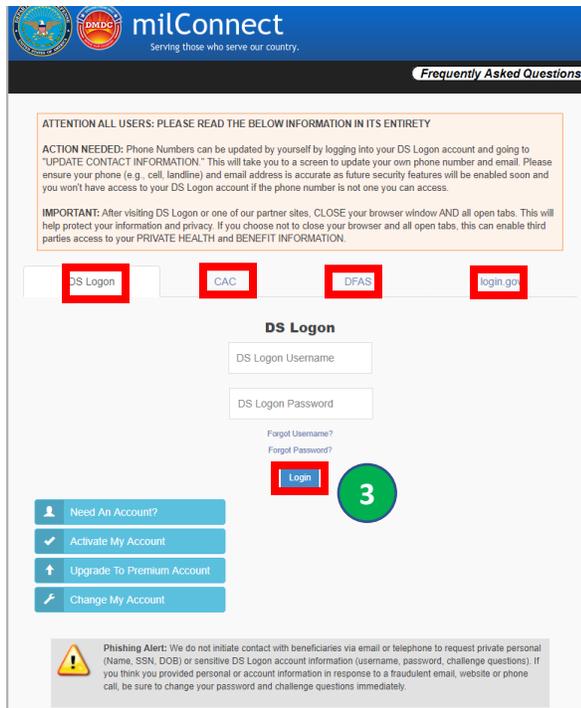
1. Type https://milconnect.dmdc.osd.mil/milconnect/ into your web browser.

The *milConnect website* is displayed.
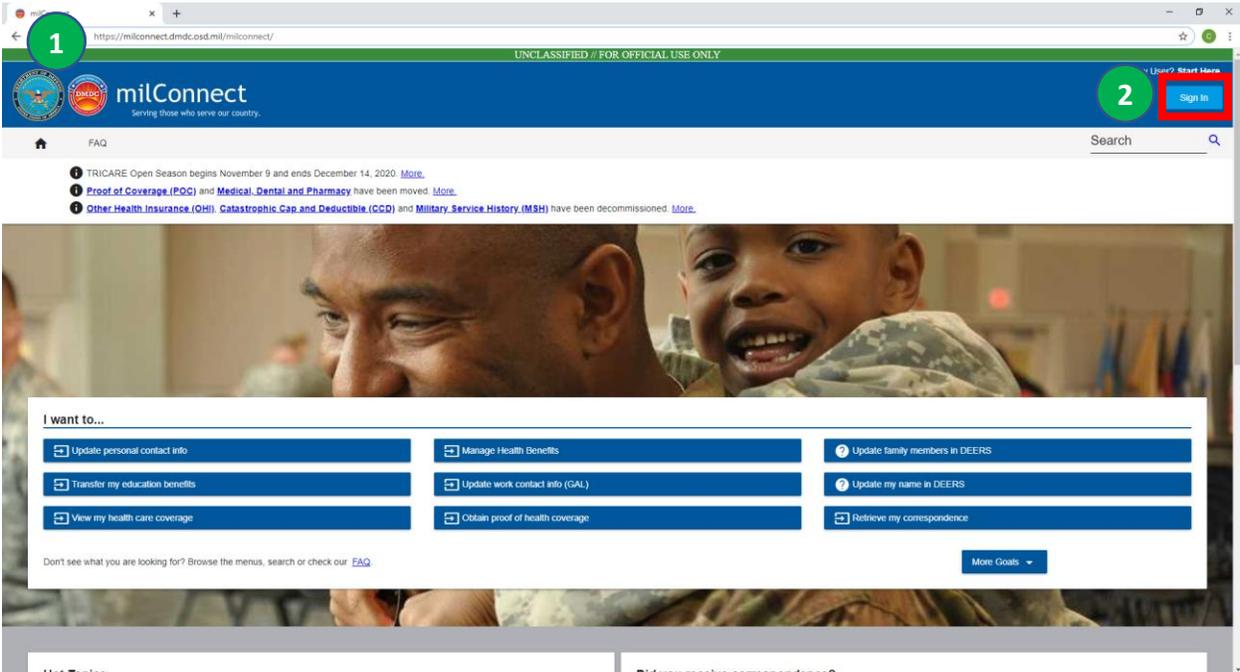
2. Click on the **Sign In** button.
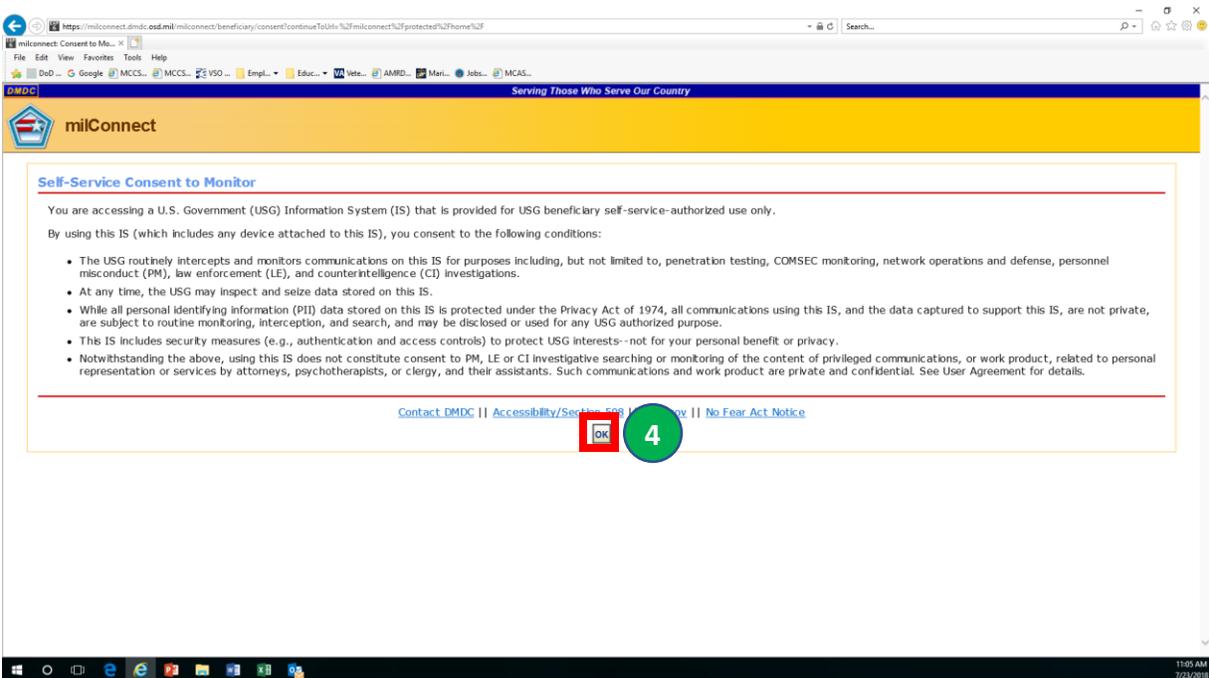
The *milConnect Logon* page is displayed

You have four different logon options:
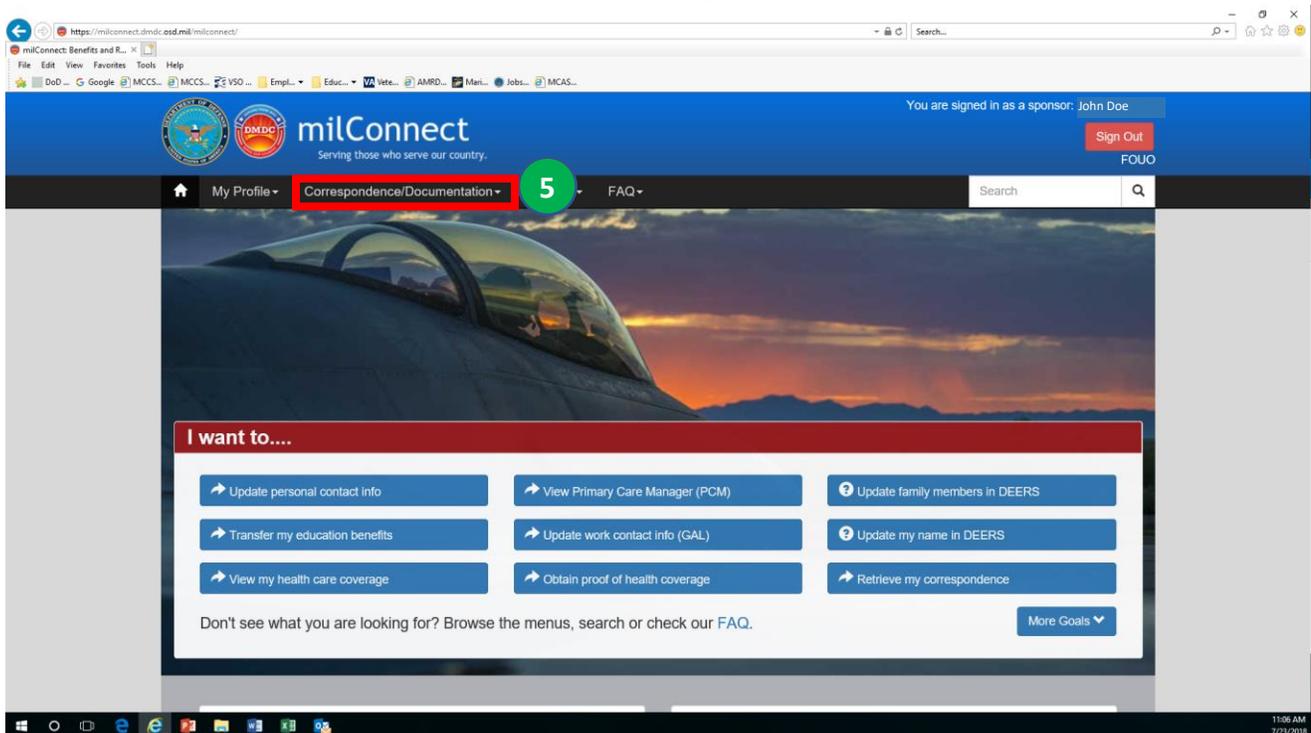
- DS Logon
- CAC
- DFAS myPay Password

- Login.gov (USA Jobs email & password)
3. Logon using the option that is best for you.

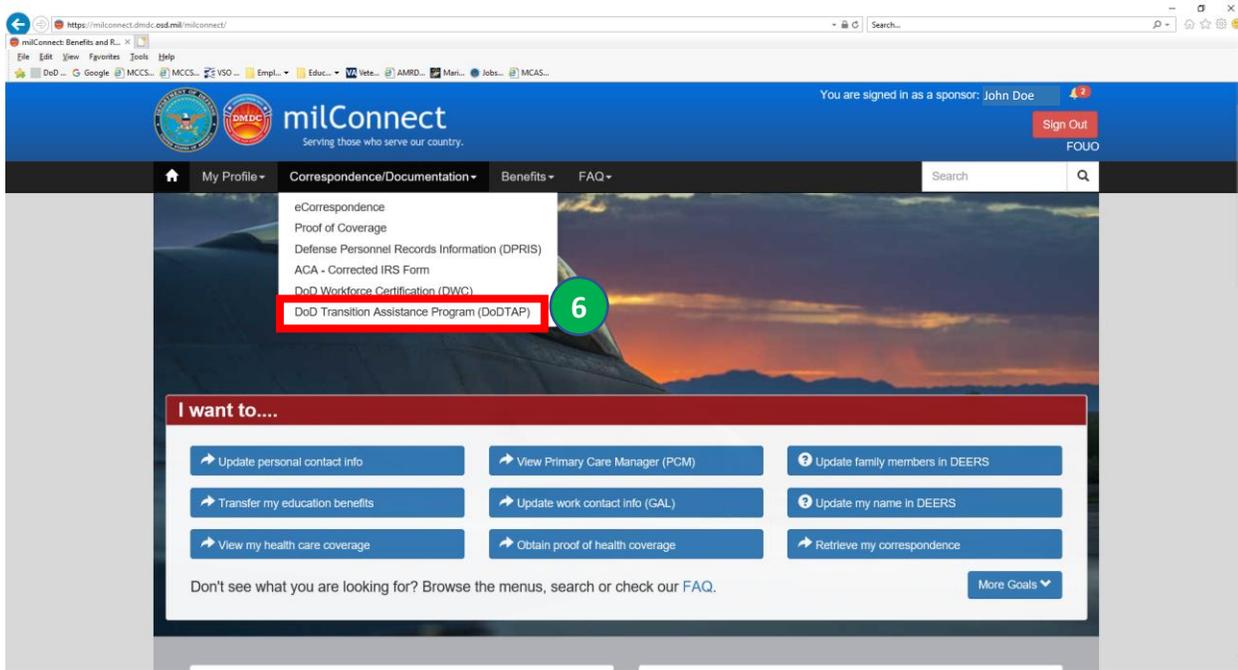The *Self Service Consent to Monitor* page is displayed.

4. Click on the OK button.

The My Profile page is displayed.

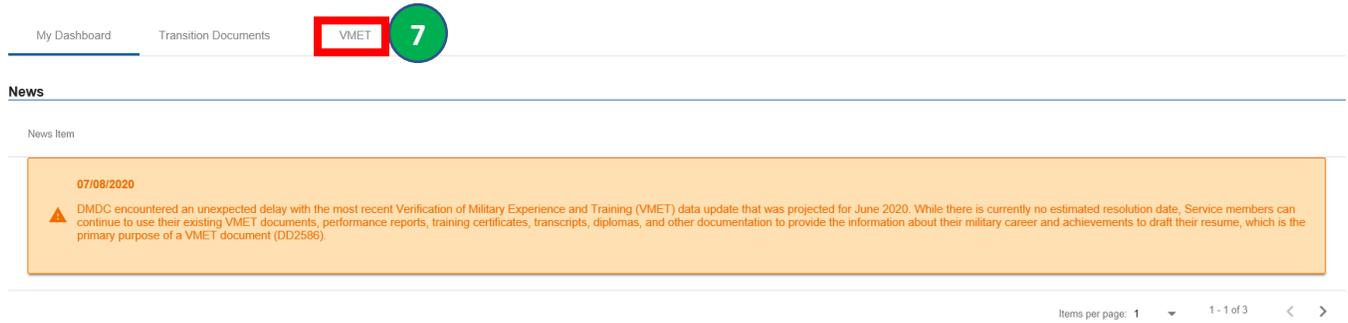5. Click on the Correspondence/Documentation dropdown menu.

6. Select the DoD Transition Assistance Program (DoDTAP) link.

The service member's dashboard is displayed.

7. Click on the ☐VMET☐ tab.

8. Select the *VMET* radio dial and click on the *"Submit"* button. Select the *"Cover Letter"* radio dial and click on the *"Submit"* button.
   - Save and print your VMET and Cover Letter